



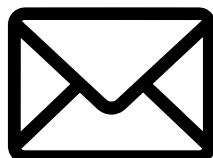
# MEET STEVEN PAULSRUD



Steven Paulsrud is a retired Family Physician who has lived and worked in Muscatine Iowa since 1997. Prior to this Steve worked as a hospital social worker in Sioux City for six years. He met his wife Kay while completing his Master's Degree in Social Work. They have been married since 1982 and have cared for many rescue cats, Alex, Rosie, Niko, KC, Remy, Jack, June and Souza.

Steve's parents and grandparents provided him with opportunities and an appreciation for many outdoor activities. Camping trips that involved hiking, fishing, bathing in lakes, cooking over a camp stove and sleeping outside in a tent were wonderful family adventures. There was clean water and air in the states we visited.

I retired in 2022 and was asked to join the LWV. I started to become more involved in the community. I was disturbed with how the water quality in Iowa had changed and how the cancer rates had risen. I started attending webinars, reading research articles and contributing to the Sierra Club, Isaac Walton League, Prairie Network, Iowa Environmental Council, Concerned Citizens of Iowa and others that were involved in cleaning up our Waters of the US. I accepted Iowa's LWV nomination and became one of three Iowa representatives to the LWV Upper Mississippi River Region ILO Board of Directors. I'm on the Action Committee learning a great deal about activism and doing my part to have clean lakes to swim in and decreasing the Dead Zone in the Gulf of Mexico (America).



[SPAULSRUD@ICLOUD.COM](mailto:SPAULSRUD@ICLOUD.COM)